



# Line Dancing

Modern line dance to upbeat modern chart music, Irish, country and Latin. Suitable for all ages and abilities.

at St Peter's Leisure Centre  
Tuesdays 11.45-12.45pm  
**£4.50 per session**  
FREE to Burnley Leisure  
and Up & Active members

**BENEFITS:** Improved confidence, balance, coordination, general mobility muscle strength and aerobic fitness.  
Great social activity to meet new friends.

**UP**  **AND**  
**active**

For more information  
contact Up and Active:  
**01282 477134**  
[upandactive.co.uk](http://upandactive.co.uk)

